



CP&BC Membership: CP&BC's annual dues are \$45.00 per person and the cost of each breakfast is \$12.00 for members. A membership form is available on our website. For more information call Jeff Lauritzen at 559.288.7280.

Reservations: Reservations are required for all breakfast meetings, held at Pardini's, and can be made by calling Denise Correia at 559.434.2722 or by visiting www.cpbcfresno.org. Doors open at 7 a.m. for coffee and networking. The program concludes at 8:30 a.m. The cost is \$12 for members and \$15 for guests .

Membership Directory: Don't forget to pick up your copy of the 2011-12 Membership Directory at the next breakfast. If you're interested in advertising in next year's directory, ads starts at only \$50. Contact Nick Strait at 559.304.8905 or directory@cpbcfresno.org for more information.

Prayer Network: CP&BC has a "prayer network" to be used for member prayer needs for themselves or loved ones. We have members already signed-up to pray for special needs submitted; however, anyone else is invited to also become part of the prayer network. Sally Lauritzen is the point person to whom requests can be made, and once they are received she will email or phone the network. Contact Sally (salauritz@att.net or 559.439.8378) to become part of the network or to submit a prayer request.

ADDRESS SERVICE REQUESTED

Dioocese of Fresno
Catholic Professional & Business Club
P.O. Box 9454
Fresno, California 93792-9454



A Taste of the Vatican in Fresno: March Speaker Andreas Widmer



Being away from home for the first time can be difficult. Away from home on Christmas for the first time? Even more difficult. Now imagine that you're 20 years old and away from home on Christmas for the first time and you're assigned to guard his Holiness Pope John Paul II. For Andres Widmer, that's exactly how he spent his first Christmas away from home.

The youngest of six children, Andreas was from a small town in Switzerland. As he put it, "there were more cows than people." It was the Christmas of 1986 and Andreas had just entered the Swiss Guard, the group charged with protecting the safety of the Pope, including the security of the Apostolic Palace. His first assignment was to guard the Papal Apartments before the Christmas mass. Though not a difficult assignment, it was

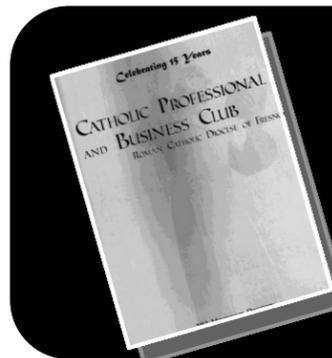
made more difficult as he missed his mother. He "covered up insecurity with toughness" and spent the night crying.

It was during this moment that he had his first encounter with his Holiness, a moment that Andreas described as a defining moment in his life. The Pope, recognizing that he had been crying and that he missed his family thanked him for his service and told Andreas that he would pray for him at Mass.

Andreas spent a total of two years in the Swiss Guard, where he not only found Christ but he also found his wife, Michelle. He used his experience at the Vatican to become a very successful businessman, earning two business degrees from Switzerland, plus a B.S. in International Business from Merrimack College and an M.A. in Ministry from St. John's Seminary in Boston. He was one of the founding members of the Catholic Men's and Women's Conferences in Boston, was recently knighted in the Equestrian Order of the Holy Sepulchre and is a member of Legatus, the Catholic CEO organization.

In his time with the CP&BC, he spoke about how God creates everyone as a unique individual; that we all have a unique set of talents that we are tasked with sharing. While only God can create "something from nothing," we as followers can use the talents that He has given us to pass on knowledge to others. This is how we give life, by providing services that truly serve.

Andreas' book, [The Pope & The CEO: John Paul II's Lessons in Leadership to a Young Swiss Guard](#), is available from Amazon.com.



Membership Directories Now Available!

Be sure to pick yours up at the next Breakfast meeting





April Speaker - Mark Faust
Consultant, Author, Executive Coach

Please join us on April 13 as we welcome Mark Faust as our featured speaker. Mr. Faust is a Catholic growth and turnaround consultant, syndicated writer, professional speaker and executive coach to owners and CEOs.

Since 1990, he has run Echelon Management International, a consultancy that works with both successfully growing companies and those in turnaround. His clients have included Proctor and Gamble, IBM, Monsanto, Apple, Syngenta, Bayer and John Deere as well as government agencies and nonprofit organizations. He has been an adjunct COO and has sat on many boards; he has been an adjunct professor at the University of Cincinnati and Ohio University and he speaks around the world on how leaders can accelerate business growth.

In 2011, Mark authored Growth or Bust: Proven Turnaround Strategies to Grow your Business.



Business Person of the Month
Carlos Flores

Our Business Person of the Month for March was Carlos Flores. Mr. Flores wears a number of hats in his professional career. He currently works as a Trauma Coordinator at Children's Hospital Central California as well as a Coalition Coordinator for Safe Kids Central Valley and a Faith Community Nurse.

Mr. Flores spoke primarily of his work as a Faith Community Nurse. Working out of the Raphael Health Ministry of Our Lady of Perpetual Help in Clovis, Mr. Flores is part of a group of health care professionals that offer their services to improve the lives of those within the community.

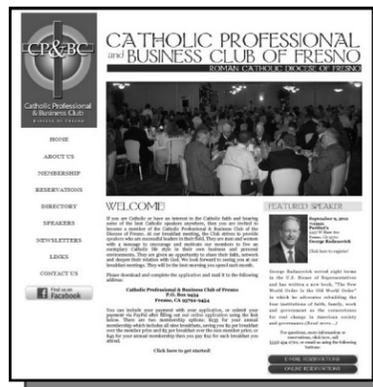
The concept behind being a Faith Community Nurse is not so much a specialty as it is a concept. While they provide a number of services that contribute to a person's physical well-being, such as blood pressure screening and monitoring, preventive healthcare workshops and CPR programs, they also, most importantly, work to provide care for one's spirit.

If you would like more information about the Raphael Health Ministry, visit <http://www.olphclovis.org/raphael-health-ministry.html>

You too could be our next Business Person of the Month. Simply drop your business card in the fishbowl at the check-in table at the next breakfast meeting.

Have You Checked Out

www.cpbcfresno.org



From the convenience of your own home or office:

- ⇒ Obtain updated information
- ⇒ Make reservations on-line for breakfast meetings
- ⇒ Renew membership
- ⇒ View previous newsletters
- ⇒ Find links to other Catholic organizations

CP&BC thanks Rod Silver and ARTCO for the design and maintaining our website

Dear Padre,



I am invited to my nephew's confirmation. I bought him a religious card and put some money in it. I began to wonder about the confirmation ceremony, and realized that I knew very little about the Holy Spirit. Who or what is the Holy Spirit?

The Gift-Giver

Dear Gift-Giver,

Every Sunday at Mass, when we pray the Creed, we say: "We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son." The third person of the Trinity is called the Holy Spirit.

The name "spirit" is a translation of the Hebrew word, "ruach," which means breath, air, or wind. When God created the world, God filled it with his own breath or spirit. God also breathed life in Adam, the first man (Gen 2:7).

The Holy Spirit is also called the "Paraclete." This is a Greek word meaning "one called in," an advocate, or one who pleads. The Holy Spirit is the one who strengthens us when we stand against evil, injustice, or unchristian attitudes. The Church has identified and recognized the Holy Spirit through symbols such as the water poured on our heads during baptism, the oil we are anointed with at confirmation, the fire which appeared over the heads of the apostles at Pentecost, and the dove which settled on Jesus at his baptism.

The Holy Spirit is also the giver of gifts. There are seven gifts of the Holy Spirit. There is wisdom, to recognize the things of God; understanding, to hear others with our heart; counsel, to advise others with wisdom; fortitude, to stand firm in the cause of virtue and truth; knowledge, to discern the difference between good and evil; piety, to faithfully practice our religion; and fear of the Lord, which inspires us with a respect for God.

In the spirit of Pentecost, let us renew our own commitment to live the gifts of the Spirit which we received at our confirmation.

The Padre
Rev. Paul J. Coury, C.Ss.R

Thanks to our Sponsors

The CP&BC thanks our sponsors for the year:

- ◇ Big De Farms & Cattle/Dan Souza
- ◇ DiBuduo & DeFendis Insurance
- ◇ Dowling, Aaron & Keeler, Inc., Attorneys at Law
- ◇ Electric Motor Shop
- ◇ Frank A. Borges & Associates
- ◇ Gary McKeighan Insurance
- ◇ Jay Chapel/Wayne Gomes
- ◇ Me-n-Ed's Pizzerias
- ◇ Pardini's Catering & Banquets
- ◇ QUALI-T-RUCK Services, Inc
- ◇ Sheridan & Dorothy Loyd
- ◇ Sierra West Warehouse and Logistics, LP
- ◇ TCM investments
- ◇ Jeff & Lisa Negrete
- ◇ McCaffrey Homes
- ◇ Whitehurst Sullivan Burns & Blair Funeral Home/Don Cardell

